Diabetes

Promo 14

Subject: Best Diabetes Invention..

…is the smartphone.

OK, maybe that’s an overstatement. But smartphones can make it MUCH easier to manage your diabetes.

From helping you plan out your diet to regularly exercising, having the right apps can be a godsend.

That’s why, if you haven’t already, you should check out this article.

It reveals 10 awesome apps every diabetic should have. Most of them are FREE.

There are both Android and Apple apps on this list.

Click here to heck out the list NOW! [http://www.healthline.com/health-slideshow/top-iphone-android-apps-diabetes#1]