Diabetes

Promo 17

Subject: Stop Diabetes

Unfortunately, many people don’t understand diabetes.

For example, many people don’t know the difference between Type 1 and Type 2 diabetes.

Others don’t know that there’s a phase before the onset of diabetes called prediabetes.

When you’re prediabetic, you aren’t doomed to get full-on diabetes.

However, you do need to change your diet.

If you know someone who’s prediabetic, it’s important to share this 4 minute video.

It shows you EXACTLY how to prevent the onset of diabetes if you’re prediabetic.

Click here to watch this video NOW [http://nutritionfacts.org/video/how-to-prevent-prediabetes-from-turning-into-diabetes/]

And again, share it with as many people as possible. We need to help eliminate these misconceptions.