Content - Law of Attraction

7.

SUBJECT: Focus on the Good Stuff!

This subject is rather personal for me. As I mentioned earlier, I’m a disabled veteran. I spent 10 years in the Air Force during the first Gulf War. I suffered from chronic, debilitating migraines that kept me housebound and bedridden for 15 to 20 days of EVERY SINGLE MONTH. And I’m a walking testament to the fact that when you talk about the bad stuff, the bad stuff gets all your attention. People who talk about their bad health, for example, perpetuate bad health…like I use to do. Through it all I learned a very valuable lesson…If you focus on the good stuff, on all that is right in your world…SUDDENLY, that is what you’ll see. You’ll notice everything that is right in your world.

I set my intention to be a person whom was battling an illness, yet always presented as happy. I was determined to rise above it all and not seem to worry. And instead of focusing on my disease or dilemma, I paid attention to NOTHING but the good in my life. By following this simple plan…my focus determined what I drew into my life. There’s a Universal principle at work here…by focusing, we attract…whether good or bad. I determined in my mind to focus on the good…and my life turned completely around…YOURS WILL TOO!!!

R&H Enlightenment

Get Wisdom, and whatever you get…get insight!