10. SUBJECT: A big dirty word...

CHORES

No one likes to hear that word—not even adults! But they must be done, and it’s a great idea to teach kids to help out with chores.

“It’s not fair! I don’t want to work!”

Those words will undoubtedly come out of your child’s mouth when you announce your plan to have him or her help out around the house. What can you do?

Here’s today’s *Tip for Modern Parents*:

**Engage kids in household chores in ways that are fun and age appropriate.**

Most kids can start helping out with chores at a very young age. Emptying trash cans, folding clothes, putting away dishes—these are all things children can do and do well if given the chance and taught.

Action Step:

Sit down with your child(ren) in the next 24 hours and ask them which three chores they would like to help out with. Assign those chores for the rest of the month, then have a family meeting to discuss how it went.

Onward to better parenting,

ADD NAME