Promo 11

SUBJECT: Looking for allergy-free foods you can make?

Food allergies can be very difficult for families to navigate. Many times the foods that are free of the things that cause allergy issues don’t really taste that great.

Did you know you can make great-tasting, allergy-friendly foods for your family—WITHOUT spending all day in the kitchen?

Let me tell you how:

I’d like to introduce you to [Family Friendly Fat Burning Meals.](http://www.familyfriendlyfatburningmeals.com/)

These menus are 100% gluten free, dairy free, and refined sugar free!!

Here are some of the yummy recipes you’ll get:

* Real Healthy Chicken Enchiladas
* Awesome Crispy Orange Chicken
* Real Healthy Tacos
* Skinny Lemon Bars
* Double Chocolate Mini Brownies
* AND MANY MORE!!

And not only are these recipes allergy friendly—they also help you and your family BURN FAT!!! You can’t beat it—recipes that won’t cause allergy issues AND that help you burn fat!

It’s a great deal and one you don’t want to miss. [Take a look today!!](http://www.familyfriendlyfatburningmeals.com/)

Onward to better parenting,

ADD NAME